

ABSTRACT

A brace to be worn over the wrist for preventing and reducing pain and discomfort associated with the ulnar styloid of the wrist. The brace includes a band circumferentially fitted around the wrist. The band has an opening positioned to circumferentially surround the ulnar styloid. A pressure ring is attached to the opening, so that when the band is fittingly secured around the wrist with the ulnar styloid protruding through the opening, the pressure ring exerts controlled pressure to tissues associated with the ulnar styloid.